



Counselling Agreement

Welcome. Please read the following information carefully. If you have any questions, please ask your counsellor.

Vijay S. Mann is trained and licensed to provide counselling and consulting services in the province of BC through the BCACC and adheres to the BCACC Code of Ethics.

Services: Services include therapy for depression, anxiety, self-empowerment, developing coping skills, domestic violence, and PTSD, among other concerns. Services offered include individual, couple, and family/group therapy. These services include counselling, assessment, and referral to enhance your mental health and overall wellness.

Fees: Fees are due and payable at the time of booking. All payments can be made either online (www.manncounselling.com) or in person (cash only, no cheques).

Individual therapy: \$140 per 60min session
Couple Counselling: \$150 per 60min session
Group Therapy: \$40 per person per 60min group session.

Counselling sessions will be held in person. Skype and telephone sessions are also offered but are not preferred.

Please be aware that 24 hours is required to change or cancel a scheduled appointment.

Medical Services Plan in British Columbia does not currently cover fees for Counselling and Psychotherapy. Many extended healthcare providers do provide coverage for services provided by a Register Clinical Counsellor. Services are covered in full or partially by many extended health plans, the victim's assistance program and several employee and family assistance programs (EFAP). Counselling services can also be claimed as a medical expense with your personal income tax.

We do not do direct billing. Please check with your insurance provider to see if you have coverage. A receipt is provided for reimbursement.

Sessions: The first session consists of an "intake" assessment, and will consist of discussion of the counselling process. At the end of the intake session you and the counsellor will arrive at a plan to best meet your needs. By signing this agreement, you are authorizing the exchange of information between Vijay S. Mann and any professional or agency to which you agree to be referred.

Confidentiality: Vijay S. Mann has a responsibility to safeguard information obtained during counselling sessions. All identifying information about your assessment and suggestions are kept confidential, except as mandated by law. You must sign a release of information before any information about you is given to anyone, except as mandated by law. In certain situations, counsellors are required by law to reveal information obtained during sessions to other persons or agencies without your consent. In such situations, Vijay S. Mann is not required to inform you of his actions.

Please note the following exceptions to confidentiality:

- Confidentiality does not apply to cases of suspected abuse/neglect of children or the elderly.
- Confidentiality does not apply to cases of potential harm to self or others.
- A Counselor may disclose confidential information in proceedings brought by a client against a professional.
- Confidentiality does not apply to cases involving criminal proceedings, except communications by a person voluntarily involved in a substance abuse program.
- Confidentiality may not apply in cases involving legal proceedings affecting the parent-child relationship.
- Confidentiality may not apply to cases involving a minor child. In such cases, the Life Coach may advise a parent, managing conservator or guardian of a minor, with or without minor's consent, of the treatment needed by or given to the minor.

Emergencies: In the event of an emergency please call 911. The counselling service you are utilizing with Mann Counselling and Consulting is not on 24-hour call. All messages will be picked up and calls returned during regular business hours. Email is not confidential and will not be utilized for counselling other than exchanging details about completing assessments online.

Missed appointments represent a loss of an opportunity for someone else to receive services. Without a full 24 hour notice, we will have to charge you the full fee for any session that is missed. Please note, any late arrival of equal to or greater than 20mins from the start of the scheduled appointment time will be considered a "missed visit" and you will be charged the full fee. If you are running late for your appointment, please notify us as soon as possible (778-552-5250).

I have read this agreement and fully and agree to participate in counselling services with Vijay S. Mann under the provisions, guidelines, and limits delineated above.

Client Name (Print): _____ Phone#: _____

Email: _____

Client Signature _____

Date _____

