



## Counselling Agreement

Welcome. Please read the following information carefully. If you have any questions, please ask your counsellor.

I, Vijay S. Mann, am trained and licensed to provide counselling and consulting services in the province of BC through the BCACC and adheres to the BCACC Code of Ethics.

Services: Services include therapy for depression, anxiety, self-empowerment, developing coping skills, domestic violence, and PTSD. Services offered include individual, couple, and family/group therapy. These services include counselling, assessment, and referral to enhance your mental health and overall wellness.

Fees: Fees are due and payable at the time of booking. All payments can be made either through e-transfer, online ([www.manncounselling.com](http://www.manncounselling.com)), or in person (cash only, no cheques).

Individual therapy :\$140 per 60min session

Couples Counselling: \$150 per 60min session

Group Therapy: \$40 per person per 60min group session (a “group” consists of at least 3 people)

Counselling sessions are held in person, but I also offer service through video conferencing (Zoom, MS Teams) and telephone sessions.

Please be aware that 24 hours is required to change or cancel a scheduled appointment.

Medical Services Plan in British Columbia does not currently cover fees for Counselling and Psychotherapy. Many extended healthcare providers do provide coverage for services provided by a Register Clinical Counsellor. My services are covered in full or partially by many extended health plans, the victim’s assistance program and several employee and family assistance programs (EFAP).

Counselling services can also be claimed as a medical expense with your personal income tax.

I do not do direct billing, please check with your insurance provider to see if you have coverage. A receipt is provided for reimbursement.

Sessions: The first session includes an “intake” and will require sharing basic information and signing this agreement form. By signing this agreement, you are authorizing the exchange of information between myself and any professional or agency to which you agree to be referred.

Confidentiality: I have a responsibility to safeguard information obtained during Counselling sessions. All identifying information about your assessment and suggestions are kept confidential, except as mandated by law. You must sign a release of information before any information about you is given to anyone, except as mandated by law. In certain situations, Counsellors are required by law to reveal information obtained during sessions to other persons or agencies without your consent. In such situations, I am not required to inform you of his actions. Please note the following exceptions to confidentiality:

- Confidentiality does not apply to cases of suspected abuse/neglect of children or the elderly.
- Confidentiality does not apply to cases of potential harm to self or others.
- A Counselor may disclose confidential information in proceedings brought by a client against a professional.

- Confidentiality does not apply to cases involving criminal proceedings, except communications by a person voluntarily involved in a substance abuse program.
- Confidentiality may not apply in cases involving legal proceedings affecting the parent-child relationship.
- Confidentiality may not apply to cases involving a minor child. In such cases, the Life Coach may advise a parent, managing conservator or guardian of a minor, with or without minor's consent, of the treatment needed by or given to the minor.

Emergencies: In the event of an emergency please call 911. The counseling service you are utilizing with me is not on 24-hour call. All messages will be picked up and calls returned during regular business hours. Email is not confidential and will not be utilized for counseling other than exchanging details about scheduling.

Missed appointments represent a loss of an opportunity for someone else to receive services. Without a full 24-hour notice, I will have to charge you the full fee for any session that is missed. Please note, any late arrival of equal to or greater than 20 minutes from the start of the scheduled appointment time will be considered a "missed visit" and will be charged to you the full fee as well. If you are running late for your appointment, please notify me as soon as possible (778-552-5250).

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I have read this agreement and fully and agree to participate in counselling services with Vijay S. Mann under the provisions, guidelines, and limits delineated above.

Client name (Print): \_\_\_\_\_ T#: \_\_\_\_\_  
Email: \_\_\_\_\_

Client Signature \_\_\_\_\_  
Date \_\_\_\_\_

